

MQOI Home–School Links


September 19th

Another busy week has flown by in MQOI, full of activity and community spirit.

Thank You for Attending Class Meetings

We had a wonderful turnout from parents at our class meetings this week. These meetings are such a valuable opportunity to connect with teachers, SNAs, and staff, to strengthen communication, and to work together in supporting the learning and wellbeing of your children. We truly appreciate your attendance and your continued partnership.

Parents' Association AGM

 **Monday, September 22nd at 6:45PM** in the school halla.

We warmly encourage parents to come along, whether you are a returning member or considering joining for the first time. Being part of the Parents' Association is a great way to build friendships, contribute to school life, and support the many initiatives that benefit our pupils.

Note: Ms Fitzpatrick and Ms O'Connor's 1st Class meetings will take place the same evening at **6:15PM**. Parents attending both events are welcome to arrive at the AGM when they can — the overlap will be short.

Culture Night in Limerick

We would also like to draw your attention to **Culture Night in Limerick**, a wonderful evening where our city comes alive with arts, music, theatre and community events. More details about the venues, programme and timings are available at the Culture Night Limerick website. ([Culture Night](#))

Upcoming Events

- School Open Night – October 1st, 6:30PM

- New and existing families are warmly invited to visit the school. This is an informal evening with tea and coffee provided by the Parents' Association. Parents and pupils can see the classrooms, meet staff, and view our facilities.
- School Mass – October 3rd

Pupils are asked to attend in full school uniform (pinafore/skirt and cardigan).

Families whose children do not attend Mass should bring their daughter to school from **11:00AM**, as all staff will be at the service.

- School Inservice – October 13th

Please note the school will close at **12:00PM**.

Requesting a Meeting with Teachers

Class teachers are happy to meet with parents by request. If you wish to arrange a meeting, please contact Valerie in the school office. She will pass your message on to the teacher, who will respond as soon as they can.

Please understand that teachers' time after school can already be committed to homework club supervision, professional training, management meetings, and special education planning. For this reason, it may take a little time to arrange a suitable meeting slot. We greatly appreciate your patience — and I have asked staff to extend the same courtesy to parents in return.

Yoga with Aisling

Yoga sessions have begun with Aisling, who is both a qualified yoga instructor and a primary school teacher. The children are really enjoying the classes.

Some benefits of yoga for young pupils include:

- Supporting relaxation and stress management
- Building strength, flexibility, and balance
- Improving focus, concentration, and emotional regulation

The cost is **€10 per pupil** and can be paid via Aladdin or in cash to the class teacher.

Ongoing Payments

- Pupil Insurance
- Classroom Requisites
- School Appeal (Voluntary Contribution)

Thank you sincerely for your continued support in making these payments — they directly benefit your children's school experience.

Looking Ahead

As we head into the weekend, we hope you enjoy a well-earned rest and reset, and we look forward to welcoming the children back on Monday.

Emma Geraghty